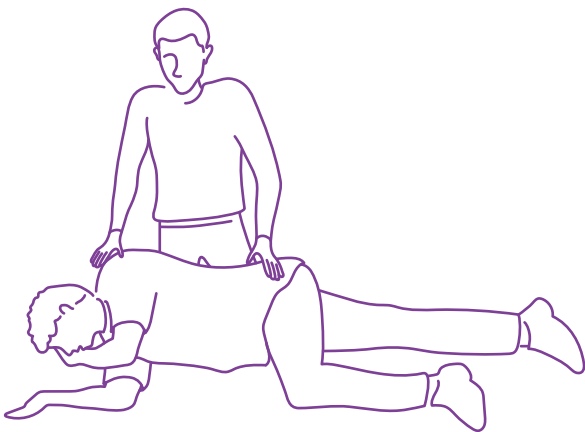


FIRST AID FOR SEIZURES

TONIC CLONIC SEIZURE

CONVULSIVE SEIZURES WHERE THE BODY STIFFENS (TONIC PHASE) FOLLOWED BY GENERAL MUSCLE JERKING (CLONIC PHASE)



DO

- Time seizure
- Stay with the person
- Protect from injury; move things out of the way and cushion the head
- Roll onto side after jerking stops OR immediately if food / fluid / vomit in mouth
- Observe and monitor breathing
- Reassure and stay with the person until they have recovered

DON'T

- Put anything in the person's mouth
- Restrain the person
- Move person unless in danger

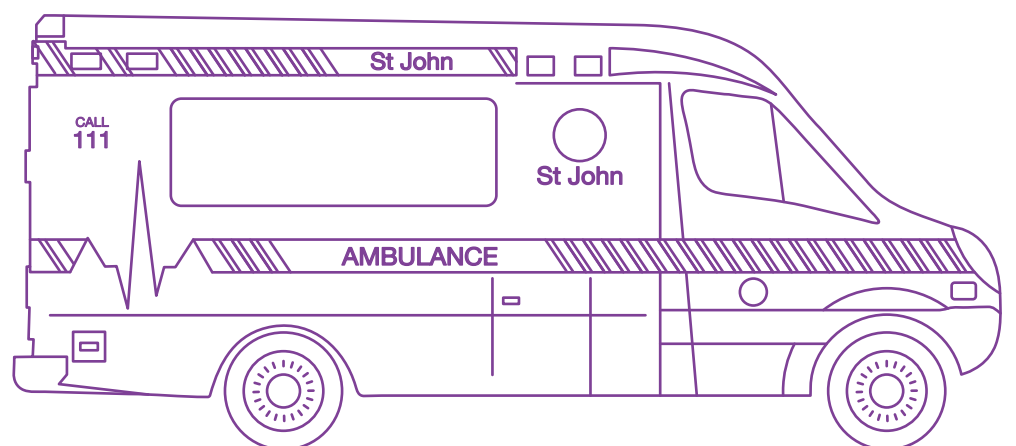
FOCAL SEIZURE WITH LOSS OF / IMPAIRED AWARENESS

NON-CONVULSIVE SEIZURES WITH OUTWARD SIGNS OF CONFUSION, INAPPROPRIATE RESPONSES OR BEHAVIOUR

- Time seizure
- Stay with the person
- Gently guide away from harm
- Reassure and stay with the person until they have recovered
- DO NOT restrain the person unless in danger

CALL 111 FOR AN AMBULANCE IF:

- You are in any doubt
- There is food / fluid / vomit in mouth
- Seizure occurs in water
- Person has breathing difficulties after jerking stops
- Another seizure quickly follows
- Seizure lasts longer than 5 minutes
- The person is non-responsive for more than 5 minutes after the seizure ends



THIS IS A GUIDE TO HELP YOU CONSIDER YOUR RESPONSE. IF IN DOUBT CALL 111.

THIS INFORMATION DOES NOT REPLACE MEDICAL ADVICE.



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