

See The Person – Looking Beyond the Label

For more information on seizure types:

**SEE
THE PERSON**

Looking beyond the label

Whether you're a family member, friend, colleague, caregiver, or someone who has witnessed a seizure, your perspective is important and your story matters.

*** Never put anything in the mouth of someone having a seizure.**

For more information on seizure first aid:

[Seizure First Aid](#)

Submissions for 2025 have now closed, but we'll be running this campaign again in 2026. A big thank you to everyone who shared their perspective – you're helping others understand epilepsy, respond with confidence, and truly *See the Person*.

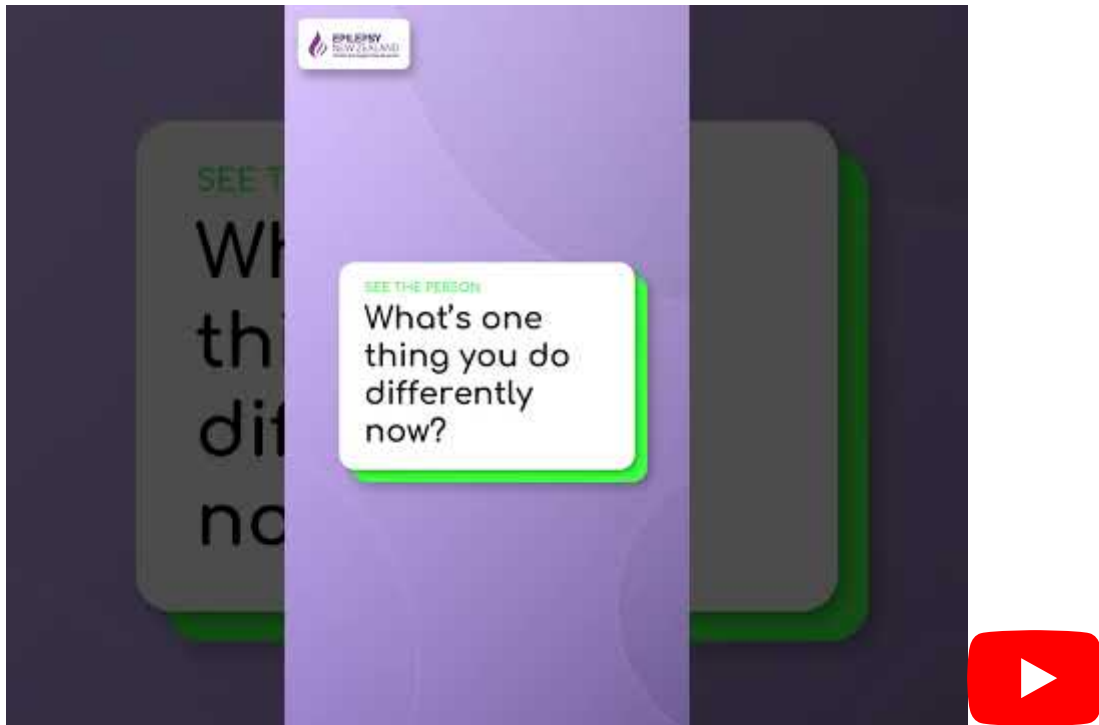
Want to get involved in next year's campaign?

Email: marketing@epilepsy.org.nz

Your voice could really help others better understand epilepsy and how to respond with empathy and confidence.

Thank you for supporting Epilepsy NZ.

By 2026, we want to see a world where everyone who has epilepsy can live their life to the fullest, without the worry of a seizure. We want to see a world where everyone who has epilepsy can live their life to the fullest, without the worry of a seizure. We want to see a world where everyone who has epilepsy can live their life to the fullest, without the worry of a seizure.



Lone M – It's important to control seizures as much as possible.



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