

# Living with Epilepsy Webinar Series

Looking for advice and stories from experts and people living with epilepsy? We've brought together some of the brightest minds for the *Living with Epilepsy webinar series*, releasing each Monday at 2.30pm over Summer. It covers topics like pregnancy, education, self-management and more.

We wish to thank Epilepsy New Zealand for this Webinar Series

**Webinar 1, March 26: Epilepsy Safety and Self-Management** with Professor Mark Cook

If the video does not show view [here](#)

**Webinar 2, April 26: Epilepsy and Pregnancy** with Emma Gaffy

If the video does not show view [here](#)

**Webinar 3, December 21: Epilepsy Management Plans and Seizure First Aid** with Rheana Nation and Margaret Jarvis

**Webinar 4, December 28: Practical Memory Strategies** with Ben and Allison Wilson-Powell

**Webinar 5, January 4: Epilepsy and Self-Confidence** with Scarlett Paige

**Webinar 6, January 11: Memory** with Honor Coleman

**Webinar 7, January 18: Epilepsy and Adolescence** with Dr Gabriel Dabcheck

**Webinar 8, January 25: Epilepsy, Driving and Going to Uni** with Sam Nation



**0800 37 45 37**



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**[www.epilepsy.org.nz](http://www.epilepsy.org.nz)**

Webinar 9, February 1: An Initial Diagnosis with Prof Terry O'Brien

Webinar 10, February 8: The Role of the Neurologist with Dr Patrick Carney

Webinar 11, February 15: Self-Advocacy and Support Groups with Matisse McCullough



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