

Reflex Epilepsies

Reflex epilepsies are epileptic syndromes induced by particular triggers. The triggers may be visual, auditory, verbal or another environmental stimulus. These types of seizures are very rare, with the most common form being photosensitive epilepsy. However, other reflex seizures may be triggered by other factors such as reading, writing, playing chess, eating, or thinking about a particular topic.

The types of seizures which may occur are varied. Treatment can include a mix of medication and strategies for avoiding the stimulus that triggers the seizure. However, it is well understood that some triggers are unavoidable in everyday life or the trigger may not be identified.

For more information about reflex epilepsies visit the [Epilepsy Foundation USA](#)



0800 37 45 37



national@epilepsy.org.nz



www.epilepsy.org.nz