

# Early Myoclonic Encephalopathy (EME)

EME is a rare epilepsy syndrome which is usually diagnosed before 3 months of age, and often the first seizure could be felt in the womb of a mother during pregnancy or during the first 10 days of the infant's life. Boys and girls are equally affected by EME, and typically newborns or infants will have myoclonic seizures, focal motor seizures, or rarely tonic spasms that often do not respond to anti-seizure medication. Many cases are caused by a metabolic disorder or genetic mutations, and rarely by brain malformations.

For more information about EME visit the [Epilepsy Foundation USA](https://www.epilepsy.org.nz)



0800 37 45 37



[national@epilepsy.org.nz](mailto:national@epilepsy.org.nz)



[www.epilepsy.org.nz](https://www.epilepsy.org.nz)