

# Childhood Absence Epilepsy (CAE)

CAE is a relatively common form of epilepsy in children, and generally begins between the ages of 3 – 12 years. CAE seizures are characterised by brief episodes of staring with impairment of awareness and responsiveness, lasting for between 10 – 20 seconds.

Children who experience frequent absence seizures may experience some learning difficulties. It is not uncommon for children to experience attention, concentration and memory difficulties prior to the diagnosis of CAE and learning problems may improve after treatment commences. In addition to prescribing medication, children with CAE may also be prescribed the ketogenic diet.

For more information about CAE visit the [Epilepsy Foundation USA](https://www.epilepsy.org.nz)



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[www.epilepsy.org.nz](https://www.epilepsy.org.nz)