EPILEPSY NEW ZEALAND
Kia titiro ki te tangata | See the person

Diagnosing Epilepsy



Diagnosing epilepsy is not always easy. The doctor will usually consider the person's background and medical history, conduct a physical examination, as well as refer them for tests and investigations, to assess the type of seizures and make a diagnosis.

You are likely to meet various medical and health professionals during your diagnosis. Information about the different healthcare professionals who may be on your treating team can be found here.

Diagnosis can take some time, which can cause frustration and concern. If you have had a seizure for the first time, or are supporting someone who has, attending appointments and tests is very important for ensuring an accurate diagnosis.

Whether you are a person living with epilepsy, care for someone who does, or are an interested community member, we hope that you find this information useful.

Click the link below to download Epilepsy New Zealands booklet *Diagnosing Epilepsy – Answering your questions* booklet. The booklet has lots of useful information about epilepsy and seizures as well as the process for diagnosing epilepsy. It also has information about seizure first aid and epilepsy treatments.

More Information

Diagnosing Epilepsy- Answering your questions



Diagnosis



Tests and Investigation



Support After an Epilepsy Diagnosis

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