EPILEPSY NEW ZEALAND
*Kia titiro ki te tangata | See the person*

# Support for Women



A variety of support services are available to assist women, when it comes to physical and mental health wellbeing:

## Women's Health:

Womens Health

Health Navigator/women/Health

## **Pregnancy** and ASMs

FACSNZ

## Mental Health:

Health New Zealand – Mental Health Support

0800 37 45 37
national@epilepsy.org.nz
www.epilepsy.org.nz

## Disability Support:

CCS Disability Support

Parent to Parent


© 2026 Epilepsy NZ