

# Bone health



ASMs can contribute to osteoporosis, a condition of decreased bone strength (thinning of the bones), which increases the risk of a broken bone. If taking ASMs for an extended period a bone density assessments may be necessary.

Women are at a higher risk of bone fracture due to oestrogen reduction during menopause. If you have any concerns or questions about your bone health, it is worth discussing them with your doctor.



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