

Know Me, Support Me Disability Resources

Epilepsy New Zealand has developed a suite of *Know Me, Support Me* resources for people living with epilepsy and a cognitive disability, their families, support workers and communities. These resources range from information sheets through to training courses that promote informed, person-centred support for people living with a cognitive disability and epilepsy.

Click on the links below to open the documents.

- [Living with epilepsy and a cognitive disability guide.](#)
- [Learning about epilepsy – Easy English](#)
- [Cognitive disability and epilepsy](#)
- [Developing an epilepsy management plan](#)
- [Ten things you should know about epilepsy](#)
- [Education, employment and epilepsy](#)
- [Risk and epilepsy](#)
- [Medication and epilepsy](#)
- [Travelling, transport, epilepsy](#)
- [Referral Pathways](#)
- [Witness statement](#)



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