EPILEPSY NEW ZEALAND
Kia titiro ki te tangata | See the person

Communication and Person-centred Care

Good communication between the person, their healthcare team (doctors and others), whanau and carers is the best way of ensuring that person-centred care sits centrally when discussions and decisions are made about treatment.

Some people living with a cognitive disability may have communication and comprehension difficulties. It is important that the person understands their epilepsy diagnosis and treatment plan, and is engaged in discussions and decisions regarding their care. Consider using easy language tools to assist the person to be actively involved.

People living with epilepsy should expect that a person-centred approach is taken by all medical and health practitioners involved in their health care. Person-centred healthcare involves a person actively participating in their own medical treatment in close cooperation with health professionals.

A person-centred approach places you at the centre of all discussions, plans and choices taking into account your life experience, values, culture, interests, beliefs and goals. It acknowledges your needs and preferences, and provides information and advice to make an informed decision about your epilepsy-related care and treatment.

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