EPILEPSY NEW ZEALAND
Kia titiro ki te tangata | See the person

When to see a Doctor



If your child has a possible seizure for the first time, it is important to call an ambulance immediately, even if they fully recover.

If possible, it is worth recording any details of your child's behaviour just before, during and immediately after the episode, as eyewitness accounts are often helpful when the doctor is considering a diagnosis of epilepsy. The doctor will often want to know:

- Where the incident occurred
- What your child was doing at the time
- How long any abnormal movements lasted
- What happened afterwards.

Visit our gathering seizure information section for tips on how to capture details about a potential seizure.

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