EPILEPSY NEW ZEALAND
Kia titiro ki te tangata | See the person

Talking about your child's epilepsy with others

Talking to others about your child's epilepsy can be a very positive experience. Sometimes, people may feel awkward or not know what to say or do, particularly if they are unfamiliar with epilepsy or have never witnessed a seizure. You can educate others about your child's epilepsy and support needs, and most people tend to be understanding and supportive if they have the right information.

Children with epilepsy can have fulfilling social lives, just like anyone else. However, when your child is on a play date, it is important that you inform the other parents about their condition, and what to do during a seizure. This will help ensure your child's safety and wellbeing, while promoting sustainable friendships.

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