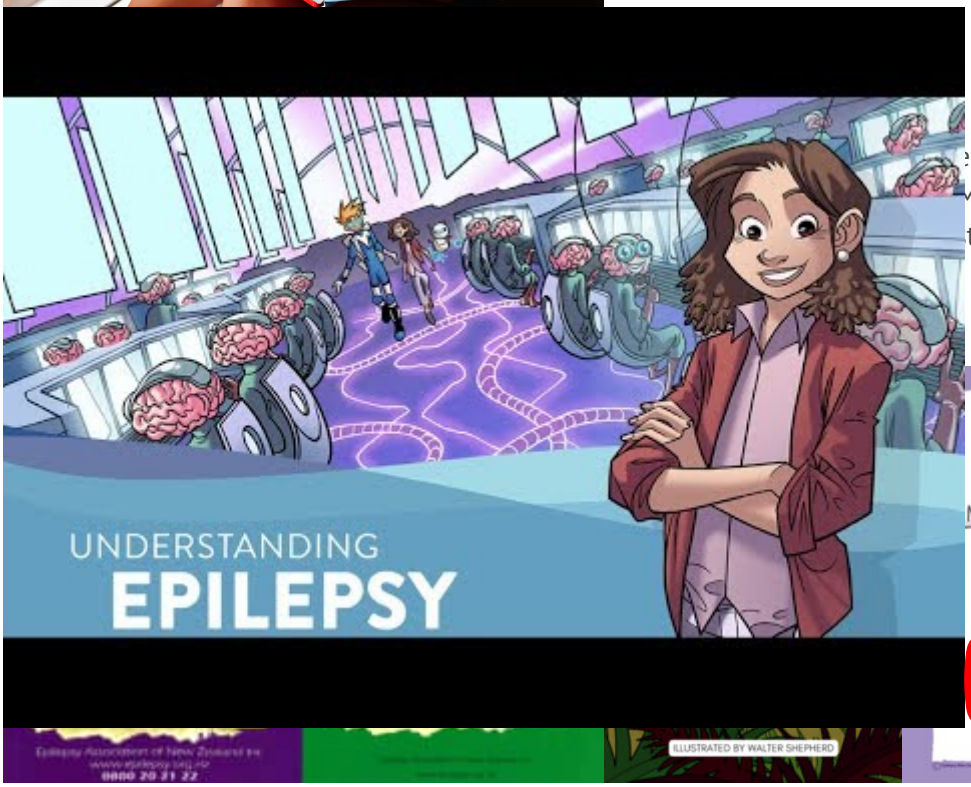
Want to make your own Niggle Toy?

Download instructions here – Create your own Niggle

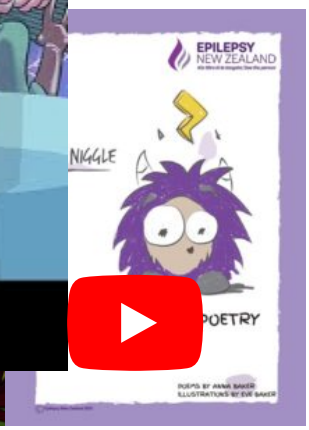
Books and Resources for Children

UNDERSTANDING EPILEPSY COMIC





ers. Epilepsy New
Māori), Maia Lives
t.



BECAUSE YOU ARE MY FRIEND

RESOURCES FOR CHILDREN

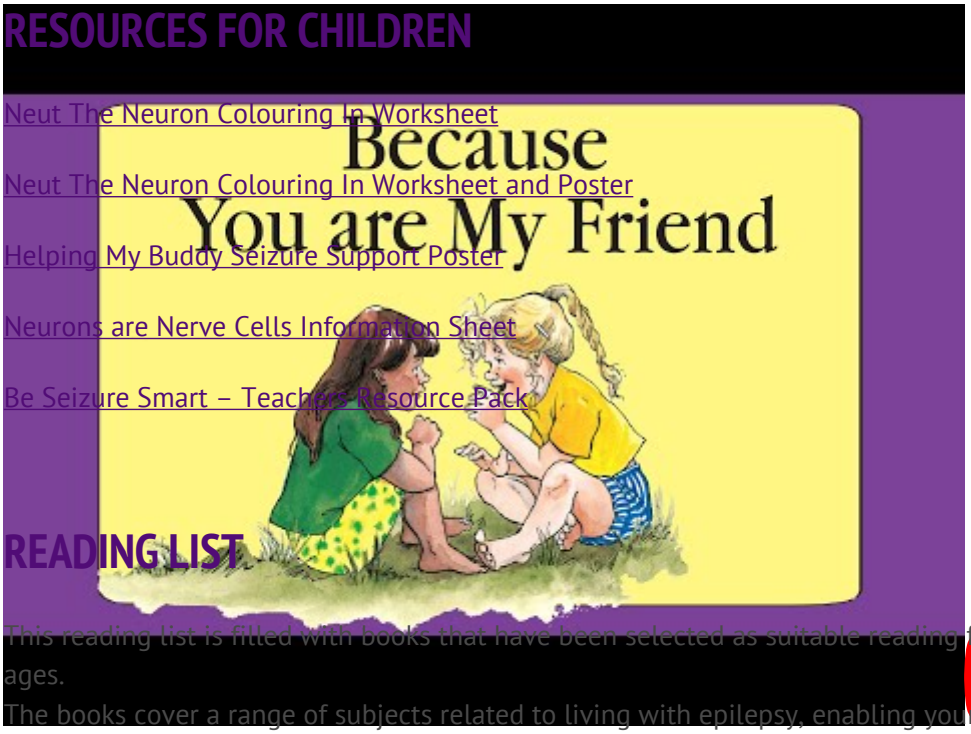
Neut The Neuron Colouring In Worksheet

Neut The Neuron Colouring In Worksheet and Poster

Helping My Buddy Seizure Support Poster

Neurons are Nerve Cells Information Sheet

Be Seizure Smart – Teachers Resource Pack



READING LIST

This reading list is filled with books that have been selected as suitable reading for children of all ages.
The books cover a range of subjects related to living with epilepsy, enabling your child, siblings and friends to learn about epilepsy through stories that they can relate to.

If you come across any other books that you think should be included, please let us know!

Milo's Day At School by Shawnee Walker (2017)

Ariana and Jack By Sharon Holt, illustrated by Claudia Gadotti

Meet Buddy, Niggle & Ben by Sharon Holt, Deborah Hinde, Maria Lowe, Ray Harlow

Sometimes I Get The Wiggles – Be an Epilepsy Seizure Hero by Andee Cooper (2016)

The Adventures of Buzz Bee by Jacqueline Ann Gibson (2015)

Brian learns about epilepsy by Epilepsy Scotland (2014)

The Great Katie Kate Explains Epilepsy by M. Maitland DeLand (2014)

The True Life Adventures of Spunky Monkey, The Magical Poodle by Lauren Michell Ruehring (2012)

Epilepsy Book for Kids by Layla Reid (2012)

Is Epilepsy Contagious? by Julie Devinsky (2011)

My Seizure Dog by Evan Moss

I Know Someone with Epilepsy (Understanding Health Issues) by Vic Parker (2011)

I Have Epilepsy. It Doesn't Have Me by Jamie Bacigalupo and Judy Bacigalupo (2012)

MEET THE NIGGLE

The Niggle is a tittle character designed to help young people understand their epilepsy, a representation of the trouble maker inside their head.

If you'd like a copy of the book of poems, get in touch with Epilepsy New Zealand ph: 0800 37 45 37

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Can I tell you about epilepsy? A guide for friends, family and professionals by Kate Lambert (2012)

Mommy, I Feel Funny! A Child's Experience with Epilepsy by Danielle M. Rocheford (2009)

Being Sara by Christopher Passudetti (2009)

Let's Learn with Teddy about Epilepsy by Dr. Yvonne Zelenka (2008)



Taking Seizure Disorders to School: A Story About Epilepsy (Special Kids in School) by Kim Gosselin (2001)

Becky the Brave: A Story about Epilepsy by Laura Lears (2002)

And Down Went Poss by Anne Little

Lee: The Rabbit with Epilepsy by Deborah M. Moss (1989)

Maia by Puri Hauiti

My Mum Has Epilepsy online story

My Dad Has Epilepsy online story

Ben Has Epilepsy online story

Brian Learns About Epilepsy online story

Farah and Ted Visit the Hospital online story

Poems by Anna Baker
Illustrations by Eve Baker
Happiness Heroes online story
Narrated by Ross MacLeod

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