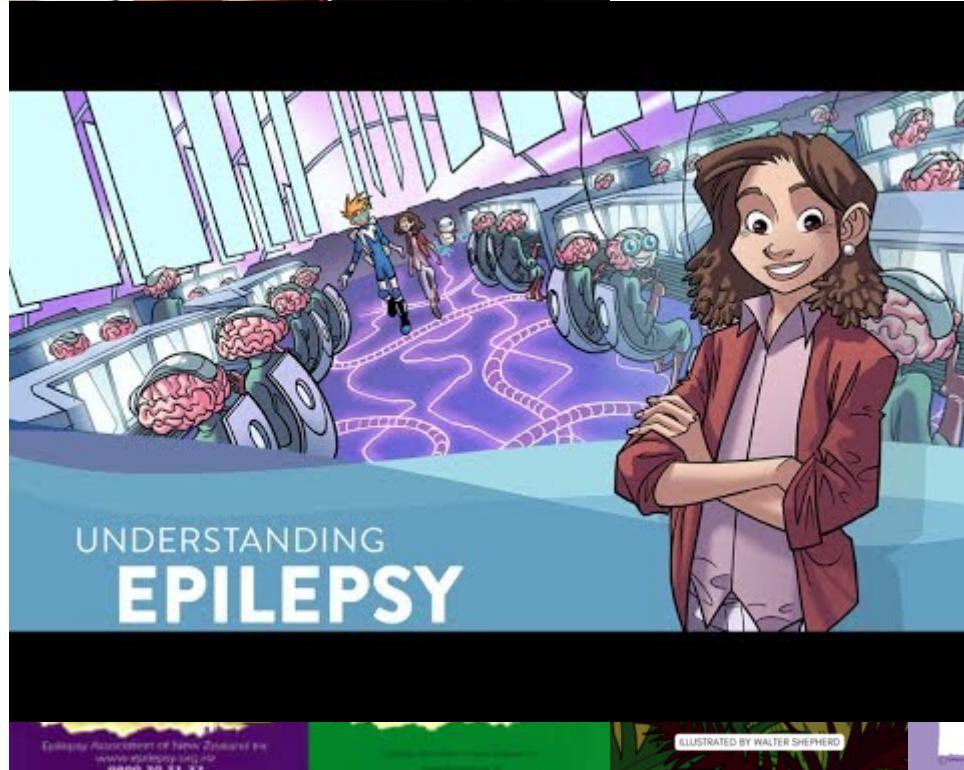


Niggle – Poems about Epilepsy for Young Children

Want to make your own Niggle Toy?

Books and Resources for Children

UNDERSTANDING EPILEPSY COMIC



BECAUSE YOU ARE MY FRIEND

0800 37 45 37



 national@epilepsy.org.nz

 www.epilepsy.org.nz

RESOURCES FOR CHILDREN

[Neut The Neuron Colouring In Worksheet](#)

Because You are My Friend

[Neut The Neuron Colouring In Worksheet and Poster](#)

[Helping My Buddy Seizure Support Poster](#)



READING LIST

This reading list is filled with books that have been selected as suitable reading for children of all ages.

The books cover a range of subjects related to living with epilepsy, enabling your child, siblings and friends to learn about epilepsy through stories that they can relate to.



If you come across any other books that you think should be included, please let us know!

[Milo's Day At School](#) by Shawnee Walker (2017)

[Ariana and Jack](#) By Sharon Holt, illustrated by Claudia Gadotti

MEET THE NIGGLE

[The Niggle](#) by Sharon Holt, Deborah Hinde, Maria Lowe, Ray Harlowe (2016)
 The Niggle is a little character designed to help young people understand their epilepsy, a representation of the trouble maker inside their head.
[The Adventures of Buzz Bee](#) by Jacqueline Ann Gibson (2015)

[Bryan learns about epilepsy](#) by Epilepsy Scotland (2014)
 If you'd like a copy of the book of poems get in touch with Epilepsy New Zealand ph: 0800 37 45 37

[The Great Katie Kate Explains Epilepsy](#) by M. Maitland DeLand (2014)

[The True Life Adventures of Spunky Monkey, The Magical Poodle](#) by Lauren Michell Ruehring (2012)

[Epilepsy Book for Kids](#) by Layla Reid (2012)

[Is Epilepsy Contagious?](#) by Julie Devinsky (2011)

[My Seizure Dog](#) by Evan Moss

[I Know Someone with Epilepsy \(Understanding Health Issues\)](#) by Vic Parker (2011)

[I Have Epilepsy. It Doesn't Have Me](#) by Jamie Bacigalupo and Judy Bacigalupo (2012)



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[Can I tell you about epilepsy? A guide for friends, family and professionals](#) by Kate Lambert (2012)

[Mommy, I Feel Funny! A Child's Experience with Epilepsy](#) by Danielle M. Rocheford (2009)

[Being Sara](#) by Christopher Passudetti (2009)



[Let's Learn with Teddy about Epilepsy](#) by Dr. Yvonne Zelenka (2008)

[Taking Seizure Disorders to School: A Story About Epilepsy \(Special Kids in School\)](#) by Kim Gosselin (2001)



[Becky the Brave: A Story about Epilepsy](#) by Laura Lears (2002)

[And Down Went Poss](#) by Anne Little

[Lee: The Rabbit with Epilepsy](#) by Deborah M. Moss (1989)

[Maia](#) by Puri Hauiti



[My Mum Has Epilepsy](#) online story

[My Dad Has Epilepsy](#) online story

[Ben Has Epilepsy](#) online story

[Brian Learns About Epilepsy](#) online story

[Farah and Ted Visit the Hospital](#) online story

Poems by Anna Baker

Illustrations by Eve Baker

[Happiness Heroes](#) online story

Narrated by Ross MacLeod



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