

Children and Epilepsy



Around 1 in 200 children in New Zealand have epilepsy. While we still have a way to go, there are many services and treatments available that can help children with epilepsy to lead rewarding lives.

Children with epilepsy need a combination of support, guidance and understanding from their parents, guardians, doctors, carers, schools and communities, as well as healthy opportunities to develop and become independent.

In order to support a child with epilepsy, it is important to understand the process of diagnosis and treatment, and the social aspects of epilepsy that can impact on a child's life.

This section provides some of this information, as well as general advice about epilepsy and parenting. This section will also be useful to anyone looking for information on children living with epilepsy.

As a child grows towards young adulthood, it is likely that their needs and experiences will change significantly. Follow this link for further information for young people living with epilepsy, their families and caregivers.





