

# Things to Remember

- Given appropriate support, people living with epilepsy can achieve success in a variety of organised learning, recreational and social activities.
- People living with epilepsy have the right to education, and are protected from discrimination under the law.
- People living with epilepsy have diverse learning needs and goals, and should not be treated as a uniform group.
- Epilepsy is more than the seizures. Epilepsy can have an impact on [learning](#), [mental health](#) and [lifestyle](#), all of which can affect a young person's experience in organised learning, social and recreational activities.
- If you haven't already, it may be worth developing and implementing an access and equity policy to address physical, attitudinal and structural barriers to promote the inclusion of all young people in your services, including those with disabilities and chronic health conditions.
- Good communication is essential to supporting someone with epilepsy. Ensure that you voice any concerns you have with the appropriate person or people, which may include the person with epilepsy, a parent/guardian and your supervisor.



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