

# Inclusive volunteering

There are many advantages to taking an inclusive approach to volunteering, for example:

- It can help meet legal obligations, as some aspects of anti-discrimination legislation also apply to volunteer organisations
- Businesses may attract unique talent and skills, find new market opportunities, and achieve greater visibility as an inclusive company
- Non-profit organisations can also benefit from a range of skills and life experience, while demonstrating their commitment to diversity
- Businesses and organisations can contribute to positive community attitudes towards epilepsy.

Some people living with epilepsy may require some small adjustments to the volunteering environment, such as different hours or breaks at particular times. However, these adjustments are usually very minor when compared to the value the person with epilepsy can add to an organisation.



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