EPILEPSY NEW ZEALAND
Kia titiro ki te tangata | See the person

Advocacy



Help create life-changing outcomes for people living with epilepsy.

Thousands of New Zealanders living with epilepsy face unnecessary barriers to accessing the healthcare, support and services they need to live well. Too many people continue to struggle to access timely diagnosis, effective treatment, specialist care, education, employment opportunities, and full participation in their communities.

Everyone affected by epilepsy deserves equitable access to quality healthcare and support, regardless of where they live or their personal circumstances.

This is an election year. Political parties are shaping the policies and priorities that will influence New Zealand's health and social systems for years to come. Now is the time to ensure the voices of people living with epilepsy are heard.

Your actions can make a real difference. By supporting our advocacy campaigns in 2026, you can help raise awareness, influence decision-makers, and create meaningful change for the approximately 50,000 New Zealanders living with epilepsy and the many whānau who support them.

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TAKE ACTION. SPEAK UP.

TO HELP US CONTINUE ADVOCATING IN THE FUTURE

DONATE TODAY

Together, we can build a future where everyone affected by epilepsy has the opportunity to live well.

WHAT ARE WE ADVOCATING FOR DURING 2026?

In 2026, Epilepsy New Zealand is actively involved in two national advocacy campaigns aimed at improving the lives of people living with epilepsy and other neurological conditions.

- Forbidden Pharmacy
- Train Five, Keep Five

Get involved and help improve access to epilepsy treatments

One of the most powerful ways you can make a difference is by sharing your story and helping raise awareness of epilepsy. Talk to your local Member of Parliament, engage with political candidates, and help others understand the challenges faced by people living with epilepsy and their whānau. Share our campaigns with your family, friends, colleagues, and community. Greater awareness leads to greater understanding which drives change.

Forbidden Pharmacy

https://epilepsy.org.nz/about-us/advocacy/forbidden-pharmacy/

Train Five, Keep Five

https://epilepsy.org.nz/about-us/advocacy/train-five-keep-five/