

A Story of Courage and Seizure Awareness

A recent [Stuff](#) article shares the remarkable story of a whānau whose lives changed in an instant when a father experienced a seizure while driving. Thanks to the quick thinking and courage of his partner, a potentially devastating situation was brought under control. Their willingness to share their experience is a powerful reminder that seizures can happen suddenly and affect anyone living with epilepsy or another seizure condition.

At Epilepsy New Zealand, we thank this family for helping raise awareness and start important conversations about epilepsy. Stories like theirs help reduce stigma, encourage understanding, and highlight why seizure awareness and community support matter. Together, we can build a safer, more informed New Zealand for everyone affected by epilepsy.

<https://www.stuff.co.nz/nz-news/361012932/all-so-fast-dads-seizure-leaves-mum-wrestling-speeding-ute-busy-street>



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