

# Beyond the Breakdown: Raising Epilepsy Awareness

From the 50:00 mark on Stuff's Aotearoa Rugby Pod, the discussion takes a deeper turn, moving beyond match analysis to a candid conversation about epilepsy and its real-life impact. It's a powerful moment that shows how the rugby community can use its voice to raise awareness, foster understanding, and support those living with the condition across Aotearoa.

Stuff's Aotearoa Rugby – [Stuff and Aotearoa Rugby Pod](#) (from 50:00)



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