EPILEPSY NEW ZEALAND
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Epilepsy New Zealand Welcomes a new Ambassador

Epilepsy New Zealand (ENZ) is proud to announce the appointment of International Test Referee Angus Mabey as a new Ambassador, supporting our work to raise awareness, reduce stigma, and advocate for the estimated 50,000 New Zealanders living with epilepsy.

Angus Mabey is a professional rugby referee with New Zealand Rugby, officiating at club, NPC, Super Rugby, and international test levels. Before moving into professional refereeing, Angus spent over a decade in the media industry, working both on-air and behind the scenes at Newstalk ZB and Radio Sport.

Angus is passionate about using his personal story to improve understanding of epilepsy and its impact on individuals, families, and whānau across Aotearoa, while also showing that an epilepsy diagnosis does not have to limit a person's ability to achieve their goals.

"We are delighted to welcome Angus as an Ambassador for Epilepsy New Zealand," says Tracy Tierney, Chief Executive of Epilepsy New Zealand.

"Having ambassadors who are willing to use their voice, and platform, helps us challenge misconceptions about epilepsy and highlight the importance of education, inclusion, and support."

Angus's decision to become an ambassador is shaped by his own epilepsy diagnosis a few years ago. With the support of medication, he has successfully managed his condition while building a physically and mentally demanding career at the highest levels of sport.

"I'm proud to be joining Epilepsy New Zealand as an Ambassador," says Angus Mabey.

"Epilepsy is often misunderstood, yet it affects thousands of people across the country. I'm looking forward to supporting ENZ's work and helping raise awareness and understanding."

In his role as an Ambassador, Angus will support Epilepsy New Zealand through awareness campaigns, media opportunities, events, and community engagement, helping to amplify key messages about epilepsy and seizure first aid.

Celebrating 70 years in 2026, Epilepsy New Zealand has a long and proud history of supporting people living with epilepsy through education, advocacy, and personalised support services throughout Aotearoa.

☒ Welcome to the ENZ whānau, Angus!

